## News from Cathcart Trinity Church

CTC

Summer 2018

#### **Sunday Club**

We have been exploring a series called Christian Commitments: what we do as Christians as part of our lives. This has included looking at prayer, worship, service and the importance of the bible. It has been good to share these topics and to respond to the questions that the children have.

Niall has moved from Sunday Club to Pathfinders. We know that this will provide him with many opportunities to explore faith.

As we move towards the school holidays, we wish all of our children and young people fun and relaxation while they are off school. Happy adventures!

We will share a family outing together to Rouken Glen on Saturday 23 June – details will be issued.

Linda Burke.

#### **Pathfinders**

We have been working through a series called Luke Uncovered (www.uncover.org/luke).

Uncover is an examination of the evidence about the life and purpose of Jesus Christ. We have been studying key passages in the gospel and watching thought-provoking videos on the Uncover website to help us discuss the truth about Jesus. We have also used our artistic and dramatic skills to help us engage with the bible passages.

Many of our young folk have been taking exams recently at school and we have been praying for them during their studying and as they now wait for the results.

It'll soon be Holiday Club time and many of the Pathfinders will be serving by helping out as Minions on the Showstoppers team.

Please pray for our fantastic young people and their busy lives!

Pam Kitchin.

### **Sunday Club Picnic**

You are invited to come along to the Sunday Club's Family Picnic at Rouken Glen Park on Saturday 23 June from 11.00am to 2.00pm.

Bring the family and a picnic lunch as we celebrate Linda's long and successful time as Sunday Club Coordinator.

Everyone is very welcome – our base (and wet weather refuge) will be at the Pavilion Visitor Centre, beside the Play Park.

If you need help with transport, let Dougie Paton know on 0141 637 8048.

### Wednesday Coffee Morning

By the time you read this, the Wednesday morning coffee group will have stopped for our Summer break. We've had a very successful session, with a few new faces coming on a regular basis, the more the merrier.

Due to bad weather we had to cancel one Wednesday, otherwise we had a good, busy session managing to give donations of £150 to Christians Against Poverty,£150 to DR J Murdoch (eye charity), £100 to the Internation Nepal Fellowship, a ladder for the church and £150 to the Princes Trust, brick by brick Fund.

We closed our session with an outing to the Overlee for lunch on 20th June and we will start again on Wednesday 5th September, when everyone is welcome to come along on a Wednesday from 10am – 12n0on in the Buchanan Hall

Have a great summer break!

### Linda Craig.

#### Life and Work

Just a reminder to those who deliver Life and Work that although the newsletter does not, this continues during the summer months so please remember to pick it up for your recipients.

### Anne Hind.

### COMMUNION Sunday 10th June

We will be celebrating Communion on Sunday 10 June at 11.00am and at 6.30pm in the United Free Church. Communion will also be celebrated at the lunchtime service in Cathcart Trinity Church on Thursday 14 June.

All Welcome.

### A word from our Minister:

The General Assembly of the Church of Scotland is a confusing place. Surrounded by ceremony, tradition, practice and procedure it's easy to feel lost at times. On Monday (21st May) I found myself attempting to console one of my friends for feeling like that. 'It's okay,' I said, 'at least you weren't rebuked by the previous Principal Clerk (the person in charge of keeping the record of proceedings and ensuring proper order) for getting your church law wrong in front of the whole Assembly.'

They asked what I was talking about and I recounted my experience from two years ago where I requested an electronic vote on the Church's position on Brexit, an experience I've written about here before.

'Oh, that's on YouTube' said another friend.

My heart plummeted.
The image of me being rebuked floated through my mind. Why was one of the worst moments of my ministry available for the whole world to see?

The General Assembly of the Church of Scotland is a confusing place - and the central church offices are well aware of this fact. For that reason they've produced a series of videos explaining the work of the General Assembly to show how it all works. So with some trepidation, when I arrived home on the Monday night I signed into YouTube and searched for the video. (In the interest of full disclosure and pre-empt the question, if you search 'Church of Scotland procedure' on YouTube the video is entitled Procedure and I appear at the 9 minute mark.)

It was pretty odd sitting there watching myself. What was even odder, was with the Principal Clerk's rebuke being edited out, was what I was doing being held up by the Church of Scotland as what proper procedure in the General Assembly looked like. (Although I think there is still a chance the legal reason I gave at the time was actually wrong. As I said the Assembly is a confusing place...)

As I reflected on all of this, what I was struck by was the 'good' our words and actions can have that at the time we know nothing about. At the time I knew I had to speak up, but I felt like a silly little boy for having done so. Now, 2 years later, my words are being used by the Church of Scotland to prepare people for General Assembly – a 'good' I never intended.

At our morning services we've been thinking about 'Talking about Jesus.' When we talk about Jesus it's fair to say that some of the time we don't see the 'good' our words and actions produce.

At the time it can feel like our words are falling on deaf ears, and our actions, if seen, are seen by glazed eyes. However, we don't know what will be the long term effects – or whether our words and actions will have unintended good consequences.

When I read the Bible I discover that God wants his good news to be shared – 'preach the word – in season and out of season' - 2 Timothy 4:2 and 'As the rain and the snow come down from heaven, and do not return to it without watering the earth and making it bud and flourish, so that it yields seed for the sower and bread for the eater,

so is my word that goes out from my mouth: It will not return to me empty, but will accomplish what I desire and achieve the purpose for which I sent it.' (Isaiah 55:10-11)

Verses like these remind me that when God wants to achieve something – nothing is going to stop him.

The message of Jesus that we share has powerful effects, but at times it can look the most foolish thing in the world to share.

That's wrong. It is the most precious thing we can share with the world in word and action and love and God says it has an effect – whether we see it in the short term or not.

So this summer please talk about Jesus and his Kingdom and let's see what happens and the difference it makes – intended or unintended.

With my prayers and blessings for all that this summer will bring.

With love, **Alasdair**.

### News from Kirk Session

At the Kirk Session meeting held on Sunday 13 May, Angus Morrison was nominated and unanimously approved to take on the role of Session Clerk when lain Duff stands down later this year.

The timing of this transition has yet to be agreed.

### Welcome Team & Audio Visual Team

### 14 June 2018 7.00pm

We would like to invite members of both the Welcome Team and the Audio Visual Team to a meeting, to thank you for the work that you all do on behalf of the Congregation and to outline new evacuation procedures which we intend introducing during the summer.

We would also extend this invitation to anyone who would consider joining the welcome, sound or PowerPoint teams.

Any Trustees who are interested in hearing about our new evacuation procedures are also welcome.

This will be an informal meeting with tea and coffee. We will meet in the Buchanan Hall on Thursday 14 June at 7.00 pm.

# Community Transport East Renfrewshire SCIO Volunteer Driver Project

Patients from East Renfrewshire, do you need help to attend your medical appointment at your GP Surgery, Clinics or Hospital?

If so, ask your surgery to register you with the service then you can phone directly to arrange your appointments giving at least a week's notice.

For more information call Anne Marie Kennedy 0141 881 6439

#### Art and Craft Club

It seems a long time ago now, but we had a lovely sunny morning on March 24th for our Art and Craft Club Coffee Morning, Display and Sale of Work.

There was a buzz about the place as people looked at the work before enjoying coffee or tea and home baking.

Thank you to everyone who came and helped raise the great amount of £735 which was given to the Church. I would also like to thank the members of the club who worked tirelessly on the day and also throughout the year creating the work to show and sell.

We enjoyed our summer lunch at Scholars restaurant on May 18th, where as usual the young trainee waiters and chefs looked after us well.

We stop briefly across the summer from June 21 until September 6, 2018 and I hope everyone enjoys the summer and comes back refreshed with new ideas for the coming session. If you would be interested in joining us, please contact me and we can chat about your particular interests.

Many thanks, Fiona Sutherland. suther@supanet.com

#### **Church Flowers**

The flower committee "girls" would like to thank those who have volunteered to join the rota for delivering flowers after the morning service, and also those who have been delivering for many years.

Those who receive the flowers are greatly blessed by them and also enjoy the time spent catching up with church family news.

We appreciate the many words of encouragement received from members of the congregation about our arrangements Sunday by Sunday, and would

like to sincerely thank all those who generously donate week by week towards the Flower Fund.

Some people donate annually to mark an occasion such as an anniversary, or in memory of a loved one, while others give when they are able.

If you feel you would like to help with the flower fund, or have a specific Sunday in mind, please speak to one of the flower team - Ann, June, Jan, Marilyn or Gay.

### Safeguarding at Cathcart Trinity

Please do not hesitate to speak to Donald or Linda if you have a safeguarding query or concern.

### Linda Burke

L829burke@btinternet .com

### Church family news:

We were sorry to learn of the passing of Jean Jolly, Betty Mackie, Liz Harrap and Fay Taylor. We give thanks for their lives and for their involvement in our Church and pray that they may now be at peace in God's glorious heaven.

At its recent meeting, the Kirk Session noted the disjunction of Andy Cupples.

June Allison



Being a praying congregation is part of our vision.

We can pray with one another and for one another.

All we need is a heart open to God: to speak to Him, to listen to Him.

We can go to God in prayer just as we are.

Prayer with others respects confidentiality and is a shared time speaking and listening to God.

Our prayer may include:

- thanksgiving
- concerns in our community / world
- about a particular issue
- for our church family
- for ourselves
- response to what God is saying

Who: anyone

When: at the end of worship from 22nd April

Where: side space, facing the cross and a prayer partner will sit

alongside you



**TICKETS NOW ON SALE** 

more information at www.praisegathering.org.uk

## The Report from the General Assembly of the Church of Scotland

Every May a third of the Kirk's ministers and elders from a third of the congregations gather in Edinburgh for a week long meeting to discuss the most pressing matters in the life of the Church of Scotland. It makes for a long week, but there were moments of inspiration in the boredom – as well as decisions that will impact us at Cathcart Trinity.

This year the Rev. Susan Brown (Dornoch Cathedral) was installed as Moderator and she led us through thought provoking reflections on the theme "Peace be with you". Rev. Susan also led the 50th anniversary celebrations of the General Assembly's decision to allow the ordination of women as Ministers of Word and Sacrament, as in word and action we were reminded of the essential role of women in the Church and the importance of listening to God's call in our lives.

Other moments were not so festive.
The Council of Assembly (the senior management team within the Church of Scotland and the body in charge of implementing the will of the General Assembly – the Cabinet at Westminster or Holyrood might be a useful comparison) had two of their key proposals rejected and were told

to go away and think again about a third.

Their Strategic Review is probably the topic that will receive most press attention. The Council of Assembly had produced a 10 year plan for the Church of Scotland, but Assembly rejected it – inviting the Council to return next year with a "radical 3 year plan" for the Church – one that has "a Church structure that is lean and fit for purpose to lead reform" and where there are more funds for more mission work. On a local level Presbyteries have been instructed to be creative reducing the number of charges, creating ministry hubs (teams) and enabling pioneer and church planting opportunities.

At this point it is hard to see exactly where this will lead, and inevitably time may make a mockery of anything I write here. However, what I can share is the sense of hurt at the proposals from the Council of Assembly. People were worried about the future of the Church of Scotland and felt that a radical response was required. Whether the Council will bring a radical response that next year's General Assembly and Presbyteries accept remains to be seen. It will be interesting to see where money is going to come from to allow the Church to be innovative and whether

Presbyteries will be bold – especially when they come against local opposition to their plans.

I have never been more uncertain taking a vote at the General Assembly - was this a last roll of the dice or was the Holy Spirit moving? What I can say is I was left with the sense that we, as Cathcart Trinity, need to put the results of our vision conversations into action. We need to build prayer, unity, faith, mission and family. We have to look for opportunities to build links with our community and to share the gospel of our Lord Jesus Christ with them in word and action. We need to be looking for opportunities to explore new expressions of faith in our parish – whether through cafe church or something else and we need to be working with other Christians to do so, while equipping all of the fellowship for following Jesus and active discipleship. We will be returning to these themes.

The second problem area was the future of the church offices on George Street, Edinburgh. They are not fit for purpose and something needs to happen. The council chose to give an interim report where they revealed a preference for staying on George Street. For my part, I favour the offices leaving Edinburgh to find accommodation they can use and also let out to bring in income. This has been completely rejected "as the

Council is not a letting agency" – I don't know what they think local congregations are doing opening up their halls to others... We will see what happens in 2019.

The most high tension debate of all came down to pensions. It is hard to say exactly what was happening, but if I was forced to say, I would have to say the General Assembly was being asked to intervene between two squabbling parties – the Council of Assembly and the Pension Trustees. It was uncomfortable – and I didn't even have the type of pension that was being discussed – but for the moment nothing is changing in regards to how the closed defined benefit scheme is administered.

In terms of other significant moments, on the Saturday the General Assembly voted to allow an exploration of whether it would be possible for Ministers and Deacons to officiate at Same Sex Marriages. At the moment all this means is that the Legal Questions Committee can explore whether it is possible to introduce legislation to allow such services, whilst safequarding ministers and others involved in services who believe in the "traditional and current view of marriage" between a man and woman. It will be some time before these services are possible, and only if the legal protection can be provided.

On Thursday the General Assembly also voted to review the position of the Westminster Confession in the Church. The Westminster Confession would need a far longer article than this to explore what it is and why things might change, but what you need to know in this moment is that it is a confession of faith that the Church of Scotland has held – beneath the Bible – as its subordinate standard. That is to say, it is meant to express what we, as folk in the Church of Scotland, believe and for that reason Ministers and Elders sign that they agree with it when they are ordained to those positions. It is however, a document written in an historical context so there are elements that don't sit comfortably with 21st century expressions of faith. Where this leads will be interesting – if other historical creeds (such as the Apostles, Nicene, Chalcedonian and Scots Creed) are added as subordinate standards alongside the Westminster Confession of faith, there may not be any problem. If there is a desire for a new confession of faith it may cause further division in the national church.

The high moments from the Assembly came from three reports: The report of Mission and Discipleship, where my former boss, Rev. Norman Smith (who spoke at my induction) gave an impassioned report about equipping the Church for Mission. The report of

the Ecumenical Relations Committee, where they shared the new ecumenical policy of the Church of Scotland for working with others: "Local, Universal and Shaped by the Mission of God" and the World Mission Council's "Special Report on Lessons for Scotland from Christian Faith in Africa."

Each of these is well worth a read (and can be found on the Church of Scotland Website). It is my intention to return to these in a later magazine for our mutual encouragement, but even as I write this, it strikes me that I was encouraged where we were invited to work with and learn from other Christians; where we were invited to engage in the Mission of God - discerning where he was working and get alongside him; and where we didn't sit in fear wondering whether there would be a Church of Scotland in 10, 20 or 30 years time, but instead got on with God's call to make him known in our words and actions in a manner that is appropriate for our context.

This report is far longer than I intended, but could be so much longer. Therefore if you would like to chat with me more about the work of the General Assembly or anything I've touched on here, please get in touch. I'd be happy to have a chat with you.

Alasdair.

### **Snowdrops**

This session of Snowdrops came to an end on Tuesday 29th May with a party. The great weather meant we were able to have a bouncy castle out in the garden, and enjoy playing with bubbles and creating summer scenes on the paving with chalk. One of the highlights of the evening was the opportunity to throw wet sponges at our two junior leaders – huge thanks to Christie and Ellie for being willing to take part and bringing so many smiles to the girls' faces!

Massive thanks also to Alyson, Fiona, Karen and Margaret who set up a Holiday Club style café for the parents.

It was great to see the Buchanan Hall full of folk enjoying coffee, home baking and chat, with younger and older siblings played in the mid Hall and managed a shot on the bouncy castle while the Snowdrops enjoyed some party food.

Thanks to Stuart (and Jan) for supporting us throughout the year, clearing our sticky tables and making sure our very wet paintings get time to dry.

Thanks to Marie, Mhairi, Kirsty, Christie, Ellie and Sarah for all their hard work during the year to make sure the Snowdrops have a great time on a Tuesday. Thanks for putting up with some crazy craft ideas and helping make them happen! Some of the girls will be moving on to Brownies so there will be a few spaces. If you know anyone with a daughter aged 4-7 who would be interested in joining from September, ask them to contact me.

### Gail McLay

Support Mission
Support the Sales Table

On the first Sunday of every month, there is a sales table in the Church foyer which is open from 10.30am until the start of Worship and for a short time afterwards.

Please donate baking, jam, etcetera to the Sales Table.

Money is to be sent to Nepal International Fellowship. They currently are accruing funds in Adrian Rootes' name and will transfer them to their general mission fund only should it become clear Adrian cannot go to Nepal in the future.

Our church makes no other contribution to World Mission, and mission is one of our five priorities, so this is your chance to do something.

### Katie Black.

### Please pray for SU Holidays and Missions

### SUHolidays YOU BELONG HERE

### happening this Summer

From mid June until August 17th there will be 3 training events for young leaders, 45 SU Holidays and around 25 Missions happening across the country. Almost 1500 young people will attend a Holiday and hundreds more will join in the fun of a Mission. Please pray!

- Cara will be assistant team leader at LM1 in the first week of the Summer. A
  number of others from the church will be joining the team and some of our
  young people will be attending as campers pray for a great holiday!
- Give thanks for hundreds of volunteers who give their time to help make these events happen. Give thanks for their love and care for young people and pray that they will have renewed energy each day, and that God's love will shine through all they do.
- Pray for safety in travel and activities, and for good weather.
- Pray for all those who will be involved in leading teaching times, sharing a testimony or discussing faith with young people in a small group.
- Many young people who come to events are facing very difficult home situations, pray that they will be able to relax and enjoy a great holiday, and experience God's love and care.
- Pray for good relationships to be formed between campers, with team
  members and for team unity. Give thanks for the opportunity to create a safe
  and secure environment, where people can experience the hope and love of
  being part of God's family.
- Pray that everyone who attends an event will grow in faith and understand more of the depths of God's love for them.

If you'd like to pray more specifically you can sign up for the Prayer Hotline and receive prayer news and requests from events throughout the summer. Visit suscotland.org.uk/pray/prayer-hotline/ or speak to Gail McLay

Week	Event	Location	Date	Leader	Age
_	Basecamp	Lendrick Muir	8-10 June	Esther Bailey	S5-S6
Training	Basecamp	Kingscross	18-24 June	Kenny McKie	S5-S6
	LeadUp	Alltnacriche	22-29 June	Colin Carmichael & Jackie	S6+
				Ringan	
1	AV1	Alltnacriche (Motiv8)	2-7 July	Libby Lobban & Jonny Clipston	S4-S6
	S1	Scoughall (Motiv8)	2-7 July	Stuart & Fiona Beggs, Susan Miller	S1-S3
	RS1	Aviemore & River Spey – Canoe	30 June-4 July	Shula Bayton	S3-S6
	GS1	Glenshee	30 June-7 July	Julie Moody	P5-P7
	LM1	Lendrick Muir	30 June-7 July	Kenny & Alison McKie	P6-S6
	KX1	Kingscross	1-6 Julyl	Ross Murray	P5-S2
	LM2a	Lendrick Muir – Football	7-10 July	Alan Myles	P5-P7
	LM2b	Lendrick Muir	7-14 July	Jo Rose	P5-P7
2	LM2e	Lendick Muir – KART	11-14 July	Chris Beattie	P5-P7
	AV2	Alltnacriche	7-14 July	Chris & Claire Macrae	S1-S6
	KX2	Kingscross	7-14 July	Rachel Sloan	S1-S4
	AV3	Alltnacriche (Motiv8)	16-21 July	John Gillan & Val Scott	S3-S4
	LM3a	Lendrick Muir	14-20 July	Owain Evans	P5-S1
	LM3b	Lendrick Muir – Whiteinch	15-21 July	Ali & Jocelyn Robertson	P6-S6
3	LM3c	Lendrick Muir	14-20 July	Esther Bailey & Zonya Bewick	P6-S6
	GS3	Glenshee	14-21 July	Rosie & Paul Bowker	S2-S6
	CA3	Bassenfell – Creative Arts	14-21 July	Gordon Roy	S1-S6
	KX3	Kingscross	14-21 July	Anna Yeaman	P6-S2
	LMSOUL1	Lendrick Muir – Soul Survivor	21-26 July	Mike Glass	S2-S6
	LMSOUL2	Lendrick Muir – Soul Survivor	21-26 July	Helen & James Hogg	S2-S6
	S4	Scoughall	21-27 July	Russell & Fiona Shields	P5-P7
4	AV4	Alltnacriche	21-28 July	Elaine Watt & Geoff Todd	P5-P7
	GC4a	Glencoe – Watersports	21-28 July	David Meikle	S1-S6
	GC4b	Glencoe – Outdoor Adventure	21-28 July	David Meikle	S1-S6
	GS4	Glenshee	21-28 July	Colin Carmichael	P7-S3
	KX4	Kingscross	21-28 July	Kenny & Janet MacMillan	P6-S6
5	KX5	Kingscross	28 July – 3 Aug	David Clipston	P6-S6
	S5	Scoughall	28 July – 3 Aug	John & Sarah Wadsworth	P6-S4
	AV5	Alltnacriche	28 July - 3 Aug	Katie Piggot & Paul Brennan	S1-S6
	GS5	Glenshee	28 July – 3 Aug	M L Stone & Alan Scott	P6-S4
	LM5a	Lendrick Muir	28 July – 4 Aug	Tim & Catherine Frew	P7-S4
	LM5c	Lendrick Muir	28 July – 4 Aug	Elizabeth McDowall	P5-P7
	eXp18	Benmore	29 July – 3 Aug	Paul Beautyman	P7-S6
6	KX6	Kingscross	3-11 Aug	Kenny & Alison McKie	P6-S6
	AV6a	Alltnacriche – Wild Adventure	4-11 Aug	Colin & Kirsty McArthur	S2-S6
	AV6b	Alltnacriche – Mountain	4-11 Aug 4-11 Aug	Colin & Kirsty McArthur	S2-S6
	7100	Biking	TII MUE	Comi & Kirsty Michitilui	32-30
	LM6a	Lendrick Muir	4-11 Aug	Eleanor Dickson & James Clark	P6-S4
	LM6c	Lendrick Muir	4-11 Aug 4-11 Aug	Jo & Aaron Black	P5-S1
	GB6	Gowanbank – Drama		Fiona Stewart & David Munn	S2-S6
	S6		4-11 Aug		P5-P7
		Scoughall	5-11 Aug	Donald & Dorothy Webb	
	GS6	Glenshee	4-11 Aug	George & Audrey Chalmers	P6-S3
	GC6	Sailing	4-11 Aug	Andrew Maudsley	S3-S6
7	AV7	Alltnacriche	11-17 Aug	Jenny Thomson	P5-S6

#### The Guild:

amongst us.

Afternoon teas continue on the last Wednesday of every month in The Buchanan Hall from 2pm – 3.3opm. They will take place on June 27th.

A warm invitation is extended to you all to come along for tea/coffee and home baking but most of all for the friendship shared

Margaret McHarg.

#### **Moments Cafe**

Thanks to everyone who has supported the cafe during this past year. We've had a great year with lots of happy, thought provoking, funny, poignant 'moments.' We are grateful to God for his faithfulness and for the way he has led, and continues to lead us. Our café is a place of peace and safety where we welcome particularly (although not exclusively) all those whose lives are affected in any way by dementia.



We recently welcomed children from Merrylee Primary school who gave us a wonderful afternoon with a selection of songs from the Wizard of Oz. The children were amazing and were happy to mingle and chat to the guests. A real credit to the school; a beacon of hope for the future!

Particular thanks to our committed team of volunteers who give their

time and talents so faithfully. If the cafe is something you think would be of interest we'd be delighted to see you, or if you have questions or want to find out more about us contact Elaine (07782 355922), Gay (07806 563006) or Margaret (07877 611266).

#### Foodbank

For many of us summer brings excitement about holidays and fun family times. However, for our clients who require to come to the foodbank that isn't the case. School holidays can bring their own pressures with children being around and needing more food provided at home and entertainment especially if it is a wet summer!

Could I ask that you don't forget the Foodbank during this time when I know it can be really busy for people.

Norma and I have been buying fresh fruit, vegetables and eggs for a few weeks now with money given to us by some people and this has proved to be so welcome by the people who come to us. If you feel you would like to contribute to this then please feel free to approach us on a Sunday and we will be happy to relieve you of some money!

Other items required however are tinned custard/rice, breakfast cereal, tinned fruit, diluting juice, tea bags and gents toiletries. We continue to have a surplus, soup, beans and biscuits.

Anne & Norma.

### Thank you

On Saturday 12th May, The Kent Hall was alive with dancing and fellowship as our Church families in Cathcart gathered for our Roll Back the Years Disco.

The Disco was supporting the work of SU Scotland who are very grateful for our fundraising which raised more than £500 to support them in their work of exploring the Bible and responding to the significance of Jesus with young people across Scotland.

May God continue to bless them in this Ministry.



### Prayer

I've been asked to write a piece on prayer and I'm really needing to ask the Lord to help me write this because I'm finding it difficult to think of what to say.

I'm not a big prayer and don't spend lots of time praying, just little bits and pieces throughout the day. I always feel I should be praying more and I hear time and time again to take all your troubles to God and he will give you peace but I actually find that quite hard.

I don't seem to be able to multi task well, even the simple matter of having a stressful situation and praying about it can be too multi-tasking for me!!

Over the last few months I've had quite a stressful time. My dad was ill and in hospital for 5 months. It's been the biggest time of mixed emotions for me and my family. I've had times when I just couldn't pray, all the panic and mess around me was just too overwhelming and I had no space for God. Sometimes the things I had in my head I really didn't want to formalise with myself or with God. Times I was just talking to myself getting things off my chest.

There were times all I could do was pray because there was no-one else I wanted to share my thoughts with

except God. Times I needed to ask for specifics and times I was too scared to pray for specifics because I wasn't sure they were appropriate. Times when I just had to sit and cry and cry because I was so frustrated, angry, empty and scared.

But God was right when he said that "I will never leave you' and I know that to be true because when I wasn't able to pray myself, He gave me people to pray for me. He gave me some special peaceful moments with Him when I really needed them. He answered one very specific prayer that I asked for that helped me escape from the stresses of dad and work for a few weeks.

My dad's now looking forward to getting home from hospital in the next week.

I want to thank you Lord for your special hand on my dad, my family and me over the past few months. Thank you for being in control. Thank you that you'll continue to work in the background of our lives sorting things out the things that need sorting. Thank you for choosing me as your child and help me share with others your special place in my life.

'Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.' Matthew 11:29

Lauren.

### June, July & August at a Glance

Sunday 10th June	11.00am	Morning Worship with Communion
	2.45pm	Cartvale Service
	6.3opm	Evening Worship with Communion @ Cathcart United Free Church
Wednesday 13th June	7.30pm	Prayer Meeting
Thursday 14th June	12.45pm	Lunchtime Service
Saturday 16th June	4pm – 6pm	Messy Church
		Praise Gathering 2018, Perth
Sunday 17th June	11.00am	Morning Worship
	6.3opm	Evening Worship
Monday 18th June	2pm	Moments Cafe
Thursday 21st June	12.45pm	Lunchtime Service
Sunday 24th June	11.00am	Morning Worship
		Praise Gathering 2018, Glasgow
Wednesday 27th June	2pm	Guild Coffee Afternoon
Thursday 28th June	12.45pm	Lunchtime Service
Saturday 30th June	8.30am	Prayer Breakfast (UF Church)
Sunday 1st July	11.00am	Morning Worship
Monday 2nd July	2pm	Moments Cafe
Thursday 5th July	12.45pm	Lunchtime Service
Sunday 8th July	11.00am	Morning Worship
	2.45pm	Cartvale Service
Thursday 12th July	12.45pm	Lunchtime Service
Sunday 15th July	11.00am	Morning Worship
Monday 16th July	2pm	Moments Cafe
Thursday 19th July	12.45pm	Lunchtime Service
Sunday 22nd July	11.00am	Morning Worship
Monday 23rd July — Friday 27th July		Showstoppers Holiday Club
Thursday 26th July	12.45pm	Lunchtime Service
Sunday 29th July	11.00am	Joint Holiday Club Celebration Service

Thursday 2nd August	12.45pm	Lunchtime Service
Sunday 5th August	11.00am	Morning Worship
Monday 6th August	2pm	Moments Cafe
Thursday 9th August	12.45pm	Lunchtime Service
Sunday 12th August	11.00am	Morning Worship
	2.45pm	Cartvale Service
	6.3opm	A Summer Evening's Praise
Thursday 16th August	12.45pm	Lunchtime Service
Saturday 18th August	8.30am	Prayer Breakfast (UF Church)
Sunday 19th August	11.00am	Morning Worship
	6.3opm	Evening Worship
Monday 20th August	2pm	Moments Cafe
Thursday 23rd August	12.45pm	Lunchtime Service
Sunday 26th August	11.00am	Morning Worship
	6.3opm	Evening Worship
Thursday 30th August	12.45pm	Lunchtime Service
Sunday 2nd September	11.00am	Morning Worship
	6.3opm	Evening Worship



### CAR WASH!!

### Cathcart Youth Ministry Partnership Fundraiser!

Come along to The Gateway car park @ Cathcart Baptist Church and let your car enjoy being washed, while you enjoy having a seat in the CBC café area, with a complimentary tea/coffee/cake!

Saturday 16<sup>th</sup> June 10am-12.30pm Hope to see you there!



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Cathcart Trinity Church, 90 Clarkston Rd, Glasgow G44 3DA

Cathcart Trinity Church is a registered Scottish Charity, SC033802

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